

## OUR PEOPLE

Conquering the highest mountain in Great Britain:  
A journey of friendship and inspiration.

### Cameron Alexander Mitchell H2S Safety Supervisor



**Cameron Mitchell joined Maersk H2S in April 2020 and has represented Maersk H2S in several operations since joining. In this article, Cameron shares his story of climbing Ben Nevis, the highest mountain in the UK, with someone he met during a job posting.**

Ben Nevis, known in Scottish Gaelic as Beinn Nibheis, is the highest peak on the island of Great Britain, standing at 4,413 feet (1,345 meters) above sea level. It is located at the western end of the Grampian Mountains in the Highland region of Lochaber, close to the town of Fort William.



On February 23, 2023 at 9:00 am, I climbed Ben Nevis with a new acquaintance named Matty whom I met during my recent trip for Maersk H2S to the North Sea on the Noble Resilient. We bonded over our shared desire to conquer the highest mountain in Great Britain. Despite the cold February weather, we planned and prepared for the climb, ensuring we had the necessary gear and provisions for a 10-mile, 7-hour trek while carrying 20 kg on our backs. Our friendship blossomed as we shared the journey, it was a truly inspiring experience.

Climbing Ben Nevis was a personal achievement for me. It was a challenging climb, but the stunning views and sense of accomplishment made it all worthwhile.



*"It made me realize that with the right mindset and preparation, I can conquer any obstacle that comes my way, which is the approach I have to my job".*

### What do you love about your job?

Working with Maersk H2S Safety Services allows me to pursue my passions and enjoy quality time off, which is what I cherish the most about this job. While working offshore demands hard work, the reward is worth it as it enables me to balance my hobbies and family time seamlessly.

#### **Work and life balance**

Had I worked a conventional 9-5 job, it would have been difficult for me to find time for my interests and family amidst busy workdays. Fortunately, I can indulge in the things I love the most when others are at work or school.

### What are your most memorable moments at Maersk H2S Safety Services?

During my time with Maersk H2S, I have primarily been stationed in Norway. Due to COVID-19, the company faced challenging times, including a mandatory quarantine before mobilizing to the rig. However, this situation provided me with the opportunity to exercise daily while completing my quarantine.

If the job slipped a few days, and I had some free time, I would hike the mountains. I climbed the highest mountain in Bergen called Ulriken, which is 643 meters high. Bergen is known for its artistic strength and scenery, making it one of the most interesting places I have been stationed.

### Any advice for young people who want to enter the profession?

If you are interested in starting a career in this profession, consider working at an onshore drilling site or for an energy related company in order to gain experience and a feel for the industry.

Working offshore can be exciting however, not for everybody. For some, after their first offshore trip, they may be tempted to pursue a different path since they may not have a full understanding of what life offshore entails.

However, if you are persistent and committed, and if you acquire as much knowledge as possible about the job and the company you are applying to, you will succeed.

